

# **Breckenridge Mountain**

## ***FIS and USSA Ski Racing Medical Plan***

### **1 Summary**

This plan provides a guideline for medical coverage of FIS and USSA Ski Races held at Breckenridge Ski Resort. This plan has been developed to accommodate a wide range of events and a variety of athletes in accordance with principles outlined in the *FIS Medical Guide*.

Primary medical coverage for events will be provided by the Breckenridge Ski Patrol. All members are certified National Ski Patrol Outdoor Emergency Care technicians and provide BLS (Basic Life Support) and rapid evacuation to the proper level of higher medical care. Breckenridge Ski Patrollers can be identified by a **red coat or vest** with a large rear white cross and smaller white front crosses. Please contact them if you need assistance of any type.

These guidelines have been developed using the experience and long history of ski racing at Breckenridge Ski Resort.

### **2 Course Medical Locations**

A ski patroller will be posted, as available, at the patrol hut at the top of a venue, while racing is underway to provide a rapid response to any incident. A toboggan and/or limited equipment may also be posted depending on the size and type of event. Another patroller will be dispatched, when available, as a replacement for the on scene patroller in the event that the on scene patroller responds to an incident on the race course or they are dispatched elsewhere.

Additional patrol equipment and staff are maintained throughout the mountain and are available to respond to any mountain incident. They should be contacted through Breckenridge Patrol Dispatch (Communications information provided below).

### **3 Communications**

Breckenridge Patrol Dispatch can be contacted via mountain radio or telephone.

Mountain Radio Channels:	Ski Patrol Dispatch – 1
	Race Operations (Jury) – 8
	Race-(Course Crew) 4 non repeater

From any <b>RED</b> mountain emergency telephone:	Emergency:	Auto Dial
	Non Emergency:	7380
	Peak 9	7393
	Peak 10	7380

From any telephone:	Emergency:	(970) 496-7380 Peak 10
		(970)496-7393 Peak 9

## 4 Evacuation Protocol

Injuries requiring transport will be evacuated via toboggan and travel down the race course, or trails adjacent to the race course, by the Breckenridge Ski Patrol.

Level	Types of Injuries	Examples	Destination
I	Minor. No transport required	Sprains, strains, contusions	Release to Coach or Parent.
II	Moderate, requiring transport	Knee ligament, shoulder dislocation	BMC.
III	Serious requiring additional stabilization or support	Fractures, internal injuries, concussions	BMC
IV	Life threatening	Closed head injury, internal trauma, femur fracture, multi-systems trauma.	BMC, Summit Medical Center, Flight for Life

## 5 Medical Transport

Transportation for minor injuries is available to the Breckenridge Medical Center via toboggan. This transport is staffed by an Emergency Medical Technician or (OEC) and is suitable for athletes with any level of injury.

## 6 Ambulance

All patients will be transported to BMC and further care will be determined by physician. The destination is dependant on the physician's diagnosis.

## 7 Contact Information

Ski Patrol Dispatch	Staff Operator	(970) 496-7393
Ski Patrol Director	Kevin Ahern	(970) 496-7229

## 8 Medical Facilities

### Breckenridge Medical Center- Level 5 Trauma Center

555 S. Park Ave.  
Breckenridge CO  
80424  
970-453-1010

Hours: Open Hours of mountain operation.

### Summit Medical Center- Level 3 Trauma Center

340 Peak One Drive  
Frisco Colorado  
80443  
970-668-3300